

Venous leg ulcers



Treat the source,
not just the symptom

Topics

- What causes venous ulcers (VU)
- Treating the source, not just the symptom
- Diagnosis with venous duplex ultrasound scan
- Treatment with the VNUS Closure[®] procedure
- Reimbursement
- Getting started

Chronic Venous Insufficiency (CVI)

A Serious Progressive Condition

Varicose Veins



CEAP 2

Leg Swelling



CEAP 3 & 4

Skin Damage



Skin Ulcers



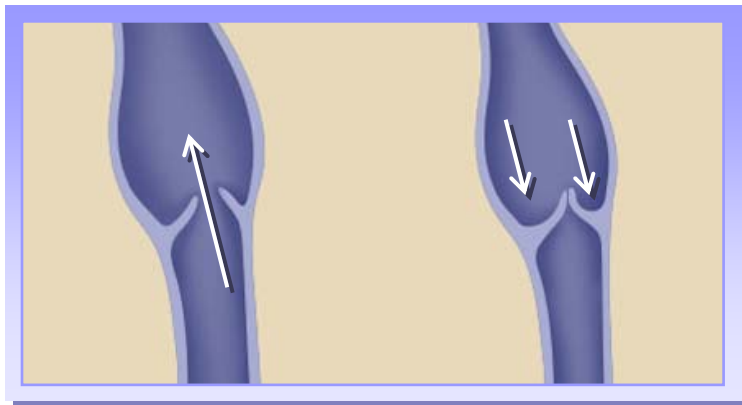
CEAP 6

Increased pain, reduced quality of life

CVI Cause

Vein wall dilation and valve dysfunction allow blood to reflux, causing hypertension

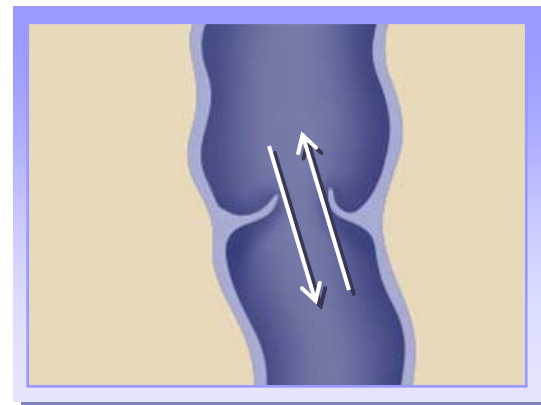
Normal Vein



Valve Open

Valve Closed

Dilated Vein

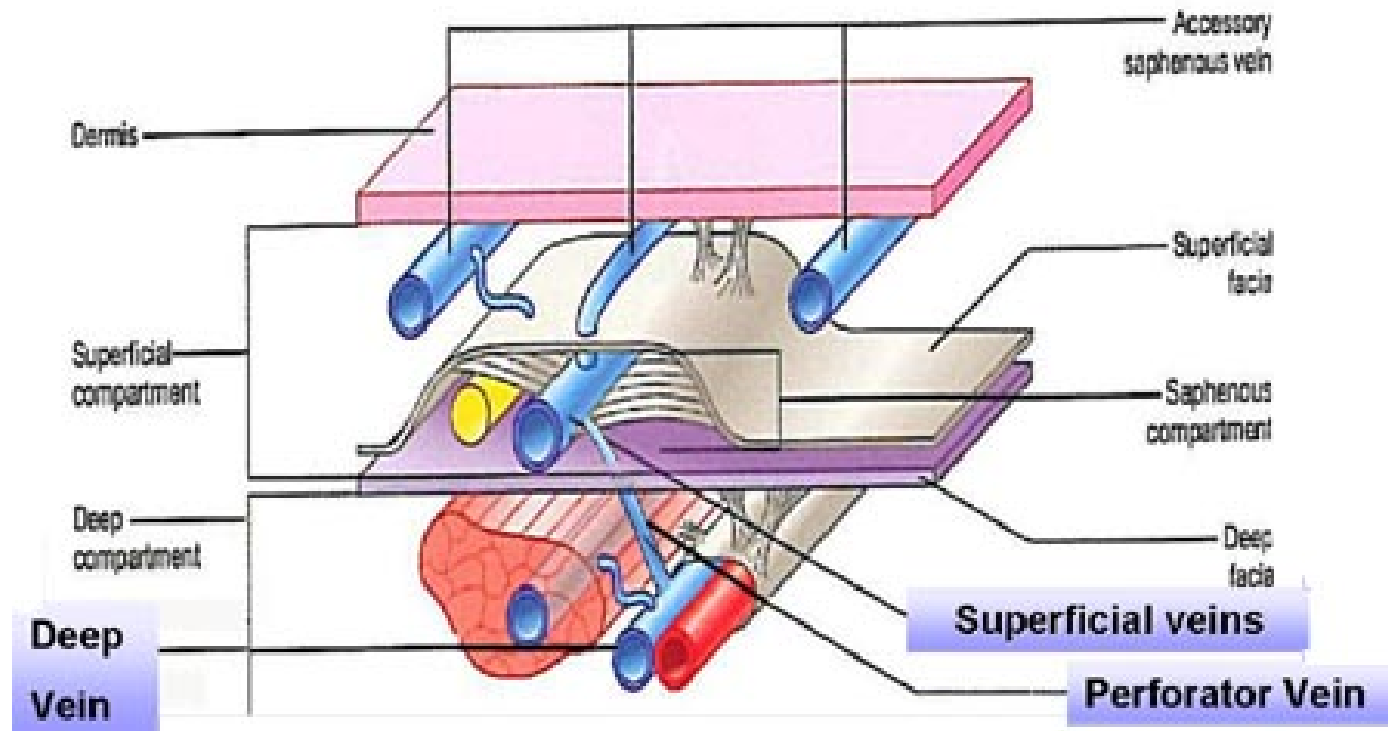


Incompetent Valve

- ❑ One-way valves direct venous blood upward
- ❑ Hypertension can be 3x normal at ankle when standing

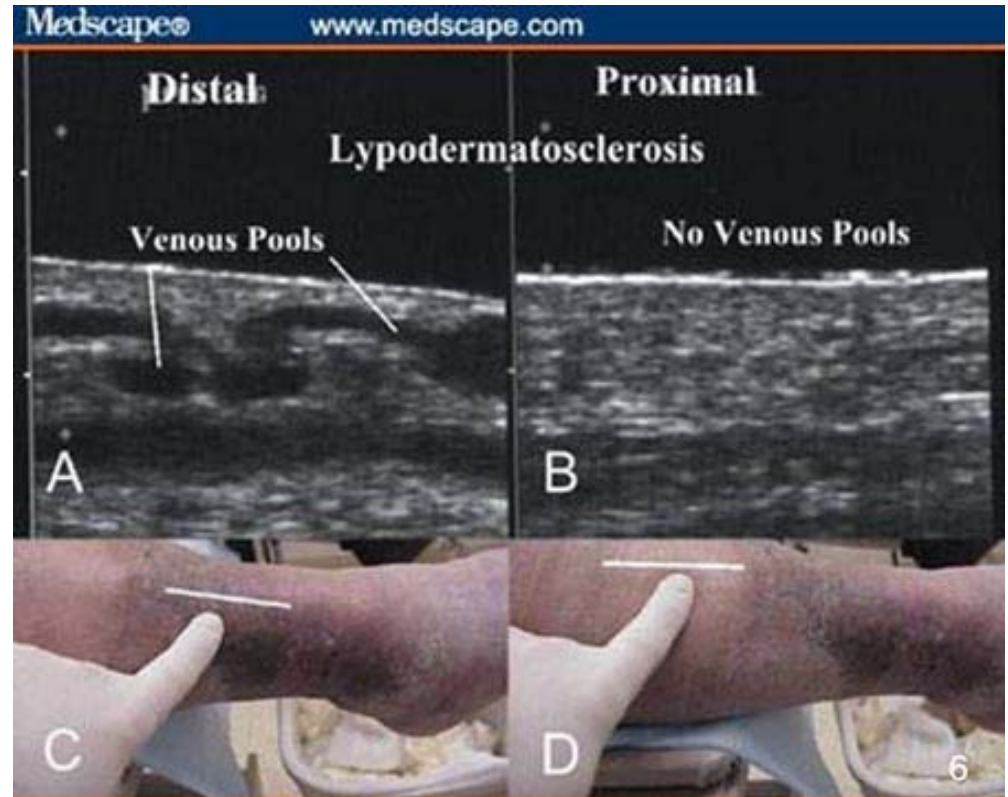
Source & Prevalence of VU Reflux

- Superficial (79%), Perforating (63%), Deep (49.5%)¹

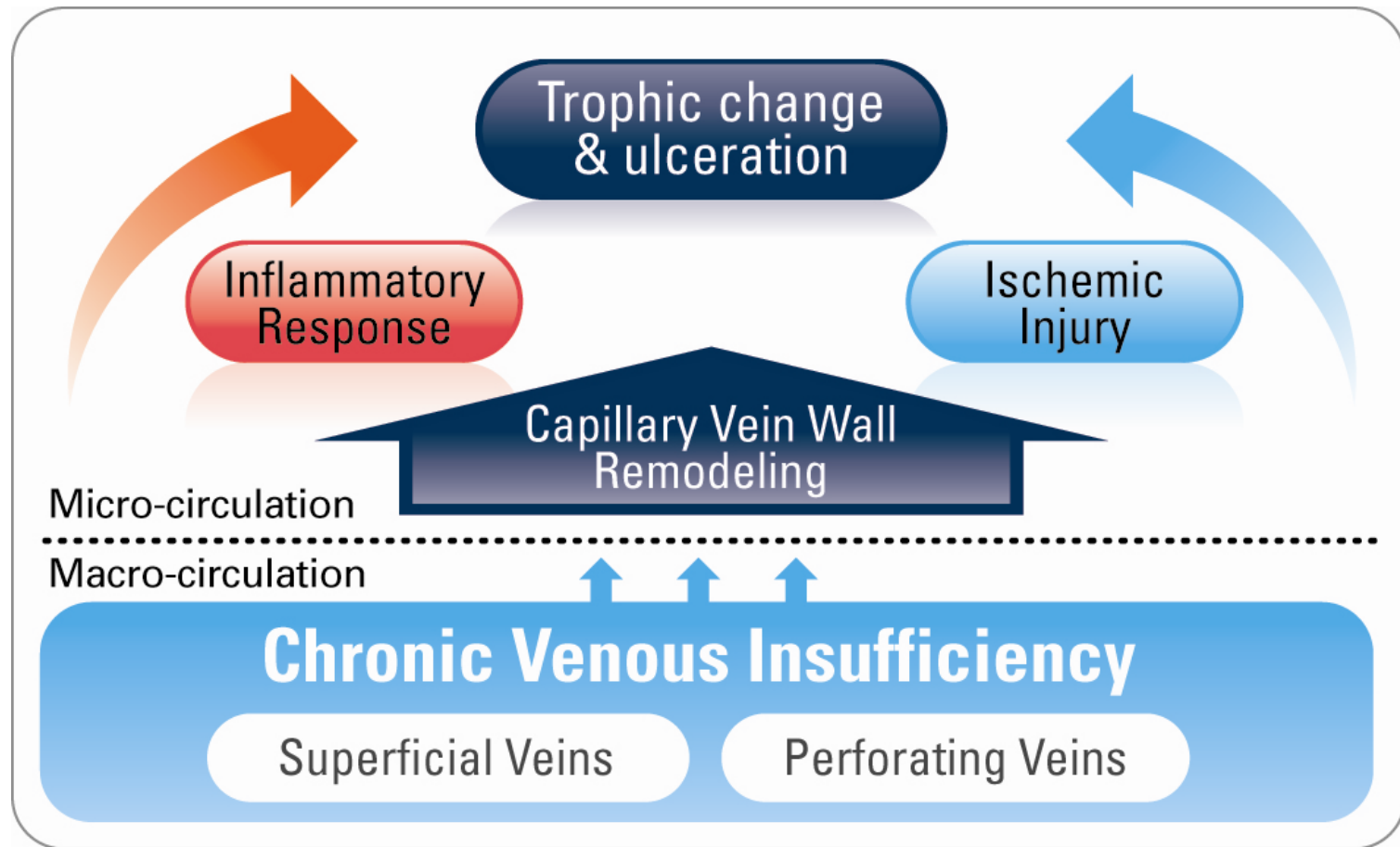


Tissue Changes Beneath Wound

- Ultrasound images (A, B):
 - Pathologic (C) vs.
 - Non-pathologic (D) areas



The Reason for the Lesion



Chronic hypertension in the macro-circulation cause micro-circulatory inflammatory and ischemic injury leading to VU

References

■ Image sources

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2. Rajabrata Sarkar, MD
3. missinglink.ucsf.edu/.../stasis_dermatitis.html
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5. The Vein Book, Bergan J, Luigi P, Venous Anatomy, Physiology, and Pathophysiology, 39-45 Elsevier Inc 2006
6. Image source: Wendelken M, DPM, RN, Markowitz L, DPM et al. Objective, Noninvasive Wound Assessment Using B-Mode Ultrasonography. *Wounds* 2003; 15(11):351-60

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1. Hanrahn L. et al. Distribution of valvular incompetence in patients with venous stasis ulceration. *JVS* 13,6, 805-812 June 1991



Treating the Source of Venous Ulcers

Not Just the Symptoms

Epidemiology of Venous Ulcers

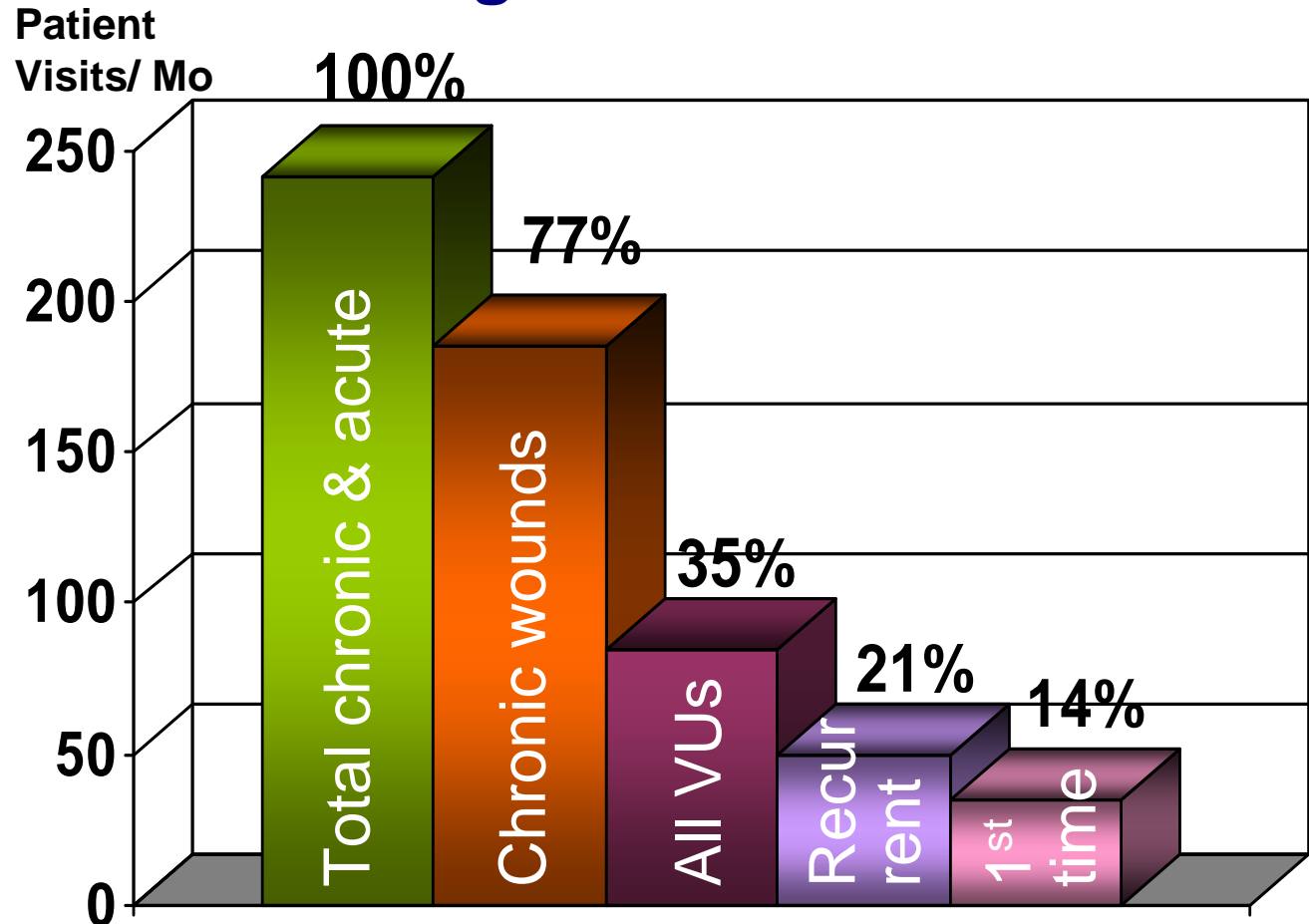
	% Total Population	Affected US Population
Active or Healed VU	0.8% ¹	2.5 Million ^{1*}
Prevalence	0.29% ¹	870K ^{1*}
Incidence (1 st time ulcer)	18 per ² 100,000	172K ^{2*}

Aggressive vein surgery resulted in 46% reduction of VU prevalence from 0.16% in 1988 to 0.09% in Sweden³

US Wound Care Center (WCC) Patients

Average WCC Patient Mix²

- VU is largest patient segment
- VU as % all leg ulcers¹
 - 50% below knee
 - 70% excluding foot



Current WCC treatment methods

- Conservative treatment is standard of care, even for recurrent or non-healing VUs

Leg Elevation



Unna Boot



Compression Stockings



Apligraf®



Compression & wound care treat the symptom,
not the underlying cause of venous ulcers

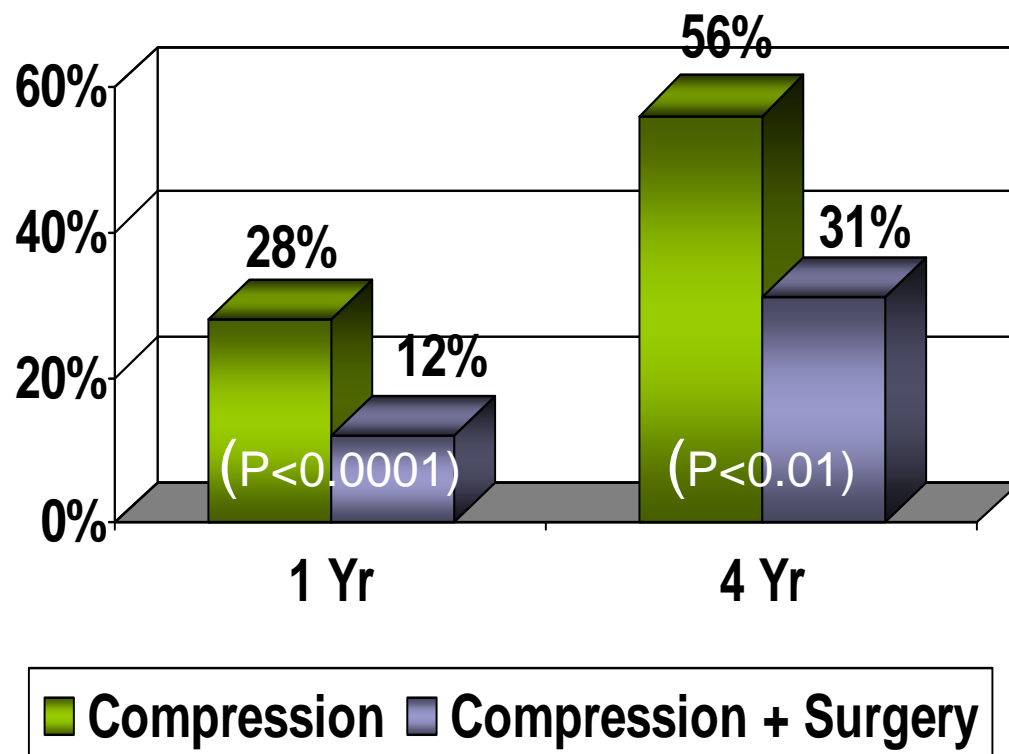
Benefits of Conservative Treatment

- Successful at healing VU
 - Mean healing time 5.3 months³
 - 40% heal by 3 weeks, 70% heal eventually⁴

Limitations of Conservative Treatment

- Compression + surgery (vein stripping) more effective than compression alone

Venous Ulcer Recurrence (ESCHAR RCT)^{5,6}



Benefits of Surgically Correcting CVI

■ Reduce recurrence

- 4 year recurrence rate 56% compression group, 31% compression plus surgery ($P < 0.01$)⁶
- 3 and 5 year recurrence with perforator surgery 8% and 18% respectively⁷

■ Faster healing

- Median heal time: 63 day compression group, 31 days surgical group, ($P < .005$)⁸

■ Improve quality of life

- SFJ 36 questionnaire: surgical group better than compression group ($P < .05$)⁸

Consensus Guidelines

Wound Healing Society



- “superficial venous ablation ... can be useful in decreasing the recurrence of venous leg ulcers”⁹

American Venous Forum



- “We recommend superficial venous surgery to decrease ulcer recurrence in patients with superficial venous reflux”¹⁰

American College of
PHLEBOLOGY



- “Endovenous thermal ablation is the new standard of care”¹¹

References

■ Image Source

1. Images courtesy of R. Basile, MD
2. Family Health Media: www.famil...media.com/VLU.htm

■ Citation

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12. DePalma R. A treatment algorithm for venous ulcer: current guidelines, Handbook of Venous Disorders third edition guidelines of the American Venous Forum, Hodder Arnold 2009, 545-549
13. Benson P. American College of Phlebology guidelines for varicose vein surgery as of July 2008. *Vein Line* summer 2008



Treatment Options

VU Treatment Options

Conservative therapy

- Compression
- Wound dressing
- Leg elevation
- Exercise

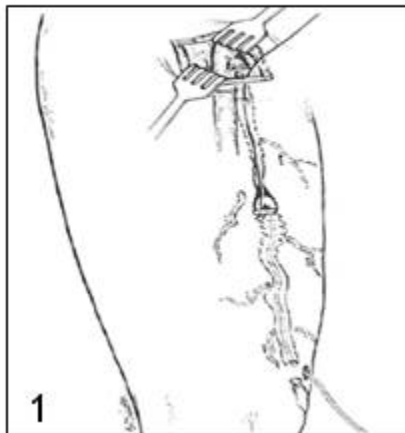
Surgical interventions

- Vein stripping
- SEPS
- VNUS Closure[®] RF Ablation
- Ultrasound guided sclerotherapy
- Linton procedure
- Deep vein reconstruction

Historical Perspective

- Little importance on venous disease
 - Traditional treatment: high morbidity
 - Surgeon attitude: surgery last resort
 - Not inclined to perform

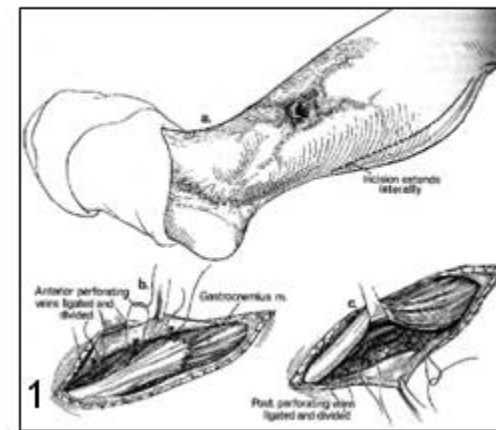
Stripping



SEPS



Linton



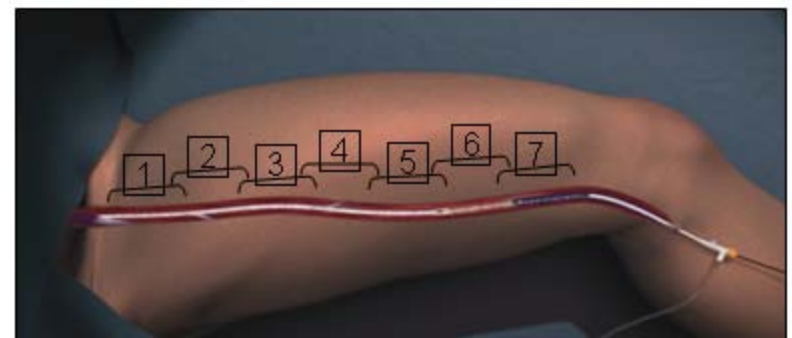
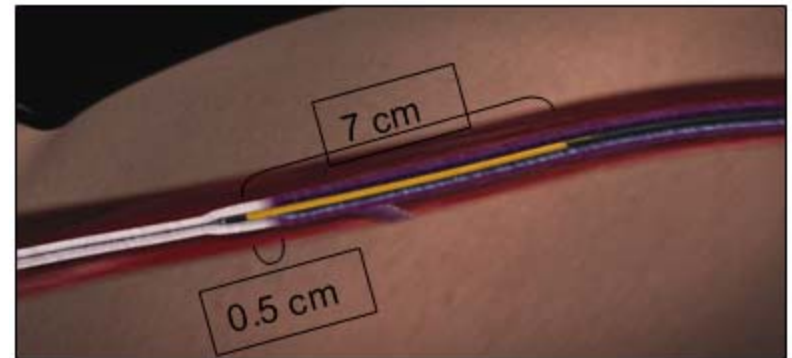
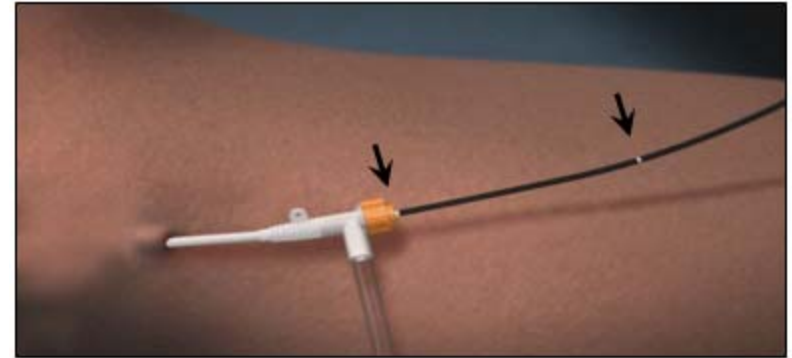
The VNUS Closure[®] Procedure

- Minimally invasive alternative to traditional surgery
 - Faster recovery¹⁻³
 - Fewer complications³⁻⁶
 - High efficacy^{3,7-9}



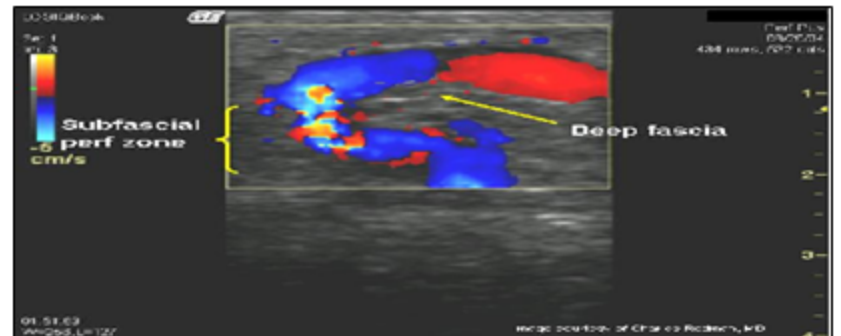
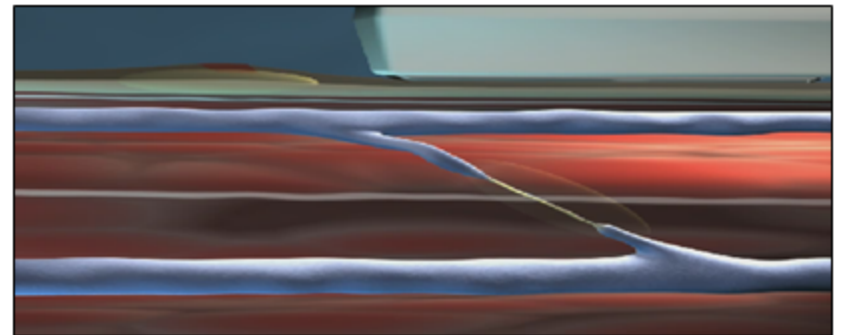
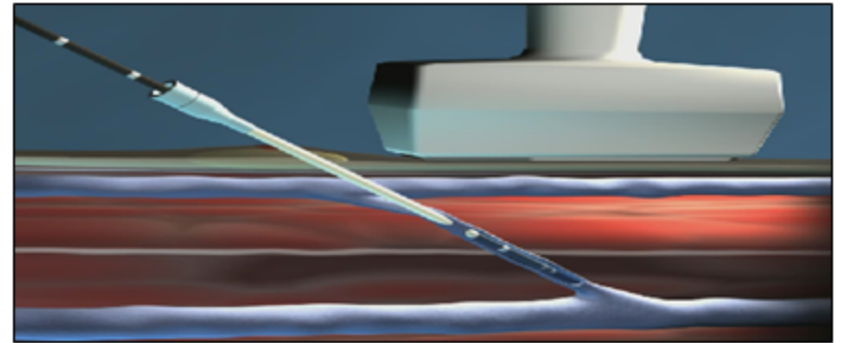
ClosureFAST™ Catheter for superficial system reflux

- Percutaneous access under ultrasound guidance
- Stationary, temperature controlled 20 second heating cycles
- Stepwise treatment cycles along length of vein in 3 to 5 minutes



ClosureRFS™ Stylet for perforating vein reflux

- Percutaneous access under ultrasound guidance
- Temperature controlled 90°C heating at or below deep fascia
- Only endovenous ablation method specifically cleared by FDA to treat incompetent perforator veins



Indication, Contraindications, and Potential Complications

VNUS ClosureFAST catheter

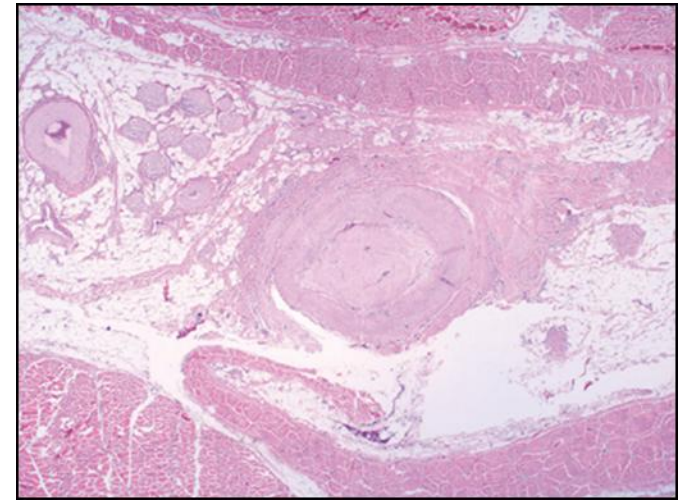
- **Indication:** The ClosureFAST™ catheter is intended for endovascular coagulation of blood vessels in patients with superficial venous reflux.
- **Contraindications:** Patients with thrombus in the vein segment to be treated.
- **Potential Complications:** include, but are not limited to: vessel perforation, thrombosis, pulmonary embolism, phlebitis, hematoma, infection, adjacent nerve injury, skin burns, and deep vein thrombosis.

VNUS ClosureRFS stylet

- **Indication:** The VNUS ClosureRFS stylet is intended for use in vessel and tissue coagulation including: Treatment of incompetent (i.e., refluxing) perforator and tributary veins.
- **Contraindications:** Patients with thrombus in the vein segment to be treated.
- **Potential Complications:** include, but are not limited to: arteriovenous fistula, thrombosis, pulmonary embolism, phlebitis, hematoma, infection, nerve damage, and skin burns.

Closure Method of Action

- Temperature-controlled heating applied to vein wall
 - Endothelial destruction
 - Collagen contraction
 - New collagen synthesis
 - Further vein wall thickening
 - Eventual fibrotic sealing



ClosureFAST Catheter
histology at 12 weeks



Collagen triple helix molecule

HEAT



Closure Procedure Efficacy and Complications

- **ClosureFAST**
97.4% occlusion
@ 1 year⁷

- **ClosureRFS:**
80% to 90%
success @ 1
year¹⁰

ClosureFAST Complications⁷	N=396
Ecchymosis	21 (5.3%)
Paresthesia	16 (4.0%)
Skin Pigmentation	10 (2.5%)
Erythema	9 (2.3%)
Thrombus Extension / DVT	7 (1.8%)
Phlebitis	6 (1.5%)
Hematoma	4 (1.0%)
Thermal Skin Injury	0 (0.0%)
Pulmonary Embolism	0 (0.0%)

Closure Procedure Benefits

- Office/outpatient procedure
- Minimally invasive
- Can be performed under local anesthesia
- Return to normal activities next day
- High efficacy rate

Reduce Recurrence, Improve Quality of Life

- Compress the wound and treat the disease
 - High ulcer recurrence rates with compression alone
 - Surgical intervention significantly reduces ulcer recurrence^{11,12}

- Improve quality of life
 - Quality of life significantly improves by treating the venous disease over compression therapy alone¹³

References

■ Image sources

1. Bergan J. Inversion stripping of the saphenous vein, *The Vein Book*, Elsevier Academic Press 2006, 231-237
2. Image courtesy of Dr. Steven Elias, MD

■ Citations

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